

Are you gambling with your relationship?



Be Aware. Visit GambleAware.

For information and confidential support 24/7

Visit gambleaware.nsw.au or call 1800 858 858



Gambling is a normal activity to most people, from a day at the races to a fun night out with friends. But when gambling starts to infiltrate our lives, it's time to make some changes.

We're here to support you to be gamble aware, with information on how to gamble safely, as well as free confidential support for anyone affected by gambling.

GambleAware is for everyone. Whether you want to learn more about how gambling works, how to cut back, or how to open a conversation about gambling at home, we're here for you.

GambleAware can give you information, support and counselling online, over the phone or face-to-face anywhere in NSW. We have counsellors and interpreters who can offer you support in your language.

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